

## Richards Elementary

### Why do we do Jump Rope for Heart?

*Your student will learn heart healthy habits to keep their own heart healthy & if you choose, you can raise donations to help save lives.*

**Every \$50 we raise helps SAVE 1 LIFE!**

***How many lives could your family help us save this year?***

Last time our school helped to save **113 lives**. Please help us reach our goal this year. We would like to save 140 lives.

**Will you join us?**

**QUESTIONS:** Contact the PE Department

### ONLINE DONATIONS:

#### Step 1:

Go to [www.heart.org/jump](http://www.heart.org/jump)

#### Step 2:

Select your state and find your school

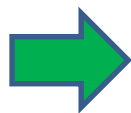
#### Step 3:

Join your school's team and....  
**Set up your own Web Page!!!**

Online donations count towards  
**Thank You Gifts!**



**For online support Mon.-Fri. from 7am-5pm, please call our Customer Care Team at 1-855-229-4424.**



## IMPORTANT DATES TO REMEMBER

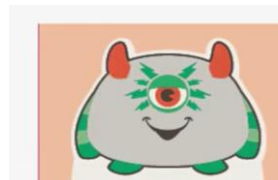


**\*Jump Rope for Heart: Week Of March 12-16th**

**\*Donations due by: March 14th**

Please make all checks payable to:  
**American Heart Association**

*As a 501C status non-profit, all donations are tax deductible.*



**UNLOCK ME USING JUMP/HOOPS Mobile APP**